

# English Adult Sunday School – Summer 2023

11:00 am – 12:15 pm

Today marks the beginning of the summer quarter featuring two Sunday School classes. Feel free to join a class as we study God's Word together and learn more about how to apply truths from the Bible to our lives!

## **Strengthening Your EQ**

**Room 113**

Teacher: Fred Tow

Our society places a lot of value on IQ (Intelligence Quotient), but research shows that EQ (Emotional Quotient) is of greater importance than IQ for success in life. EQ is the ability to be aware of our emotions and those of others and how we manage those emotions and relationships. EQ is being aware of feelings, in the moment, so we can choose to act like Jesus. Come and learn how to strengthen your EQ.

## **Christian Ethics**

**Room 115**

Teachers: Samuel Huang, John Hsieh, Melvin Huang, Henry Ow, Jason Tarn, Jonathan Huang

Ethics is the study of right and wrong, and Christian ethics studies what is right and wrong for a Christian. Given the rapid advancement of technology, "What would Jesus do?" is an important and often difficult question for us to answer amongst the numerous moral issues that confront us today. The class will begin by discussing the Scriptural basis of Christian ethics and theoretical issues relating to Christian ethical reflection. Most of the class will be devoted to discussion of applied moral topics including bioethics, ethics in civil society, and personal ethics.