HOUSTON
CHINESE CHURCH
曉士頓中國教會

SERMON NOTES

SEPT 29, 2024
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Faith at Work: Integrating Christ and Your Career

Rest From Your Work
Exodus 20:8–11; 31:12–17

Many of us are workaholics who find it hard to rest from our labor. Exhortations to observe a Sabbath rest come across as impractical or even irresponsible. But we are worse off when we ignore the 6+1 rhythm of life ingrained in us, as creatures made in the image of God – a God who rested.

1. The Purpose of the Sabbath

    a. To refresh God's people

    b. To remind God's people

    c. To reorient God's people

2. The Perpetuity of the Sabbath

3. The Practice of the Sabbath